

**November Club Triathlon  
Speers Point - 20 Nov 2011**

<b>Race Number</b>	<b>Name</b>	<b>Swim</b>	<b>Bike</b>	<b>Run 1</b>	<b>Run 2</b>	<b>Run 3</b>	<b>Run 4</b>	<b>Actual Performance</b>	<b>Overall Place</b>	<b>Event</b>
168	Bryce Murry	7:27	31:51	3:57	3:53	3:48	4:02	54:58	1	Long Race
177	Dave Phelan	9:01	31:49	4:14	4:07	4:04	4:02	57:17	2	Long Race
164	Steph Auston	8:20	33:53	4:14	4:18	4:20	4:20	59:25	3	Long Race
5	Anthony Landers	11:14	31:53	4:13	4:25	4:25	4:03	1:00:13	4	Long Race
1	Duncan Adams	9:49	34:19	4:01	4:07	4:07	4:08	1:00:31	5	Long Race
180	Ashley Mowbray	9:09	33:34	4:35	4:40	4:57	4:51	1:01:46	6	Long Race
165	Mick Tolhurst	9:34	33:24	4:50	4:58	4:53	4:34	1:02:13	7	Long Race
156	Ian Dunlop	10:30	32:48	4:36	4:45	4:49	4:46	1:02:14	8	Long Race
162	Joel Standring	10:42	33:31	4:47	5:07	4:51	5:00	1:03:58	9	Long Race
169	Chris Kelly	10:34	34:55	4:43	4:55	5:24	4:47	1:05:18	10	Long Race
170	Heath Raftery	13:55	33:06	4:23	4:46	4:50	4:37	1:05:37	11	Long Race
179	Nicola Bird	8:02	37:22	4:52	5:14	5:20	5:09	1:05:59	12	Long Race
171	Matt Vincent	13:20	34:28	4:34	4:34	4:48	4:18	1:06:02	13	Long Race
174	Georgina Brown	9:28	37:22	4:47	5:04	4:57	4:44	1:06:22	14	Long Race
166	Will Downes	10:32	35:30	5:03	5:16	5:14	4:59	1:06:34	15	Long Race
167	Jane Phelan	10:08	36:15	5:26	5:32	5:26	5:20	1:08:07	16	Long Race
178	Michael Cassey	12:44	38:09	4:57	5:11	5:16	4:53	1:11:10	17	Long Race
172	Chris Piper	11:55	34:16	6:09	6:29	6:26	6:14	1:11:29	18	Long Race
175	Steve Macnamara	13:36	36:14	5:29	5:38	5:44	5:35	1:12:16	19	Long Race
161	Eugene Murphy	12:04	36:54	6:40	6:01	6:11	5:22	1:13:12	20	Long Race
173	Gavin Hopper	14:20	40:04	4:54	5:31	5:17	5:24	1:15:30	21	Long Race
163	Robert Buck	11:25	34:49					DNF		Long Race